



A Playgroup for children of all abilities

Our free supported playgroup offers children aged 0-5 who may not be meeting their developmental milestones, and their families, an exciting and inclusive environment.

The playgroup provides access to early childhood educators and therapists in a stimulating setting. It gives each child and their family the opportunity to enhance their relationship, increase their skills and confidence, and develop valuable social support networks.

Each week, your child and you will enjoy:

- Fun and engaging play-based ideas you can use in your own home.
- Access to Early Childhood Educators and our Clinical Services team.
- Morning tea / picnic time.
- Making new friends.
- Helpful techniques and resources.

Days: Every Friday

Time: 10am – 11am or 11:30am - 12:30pm

Location: Join us at **Mikarie Child Care Centre**
2 Mikarie Place, Kirrawee NSW

Cost: Free

RSVP: 1300 244 577
or playgroup@sylvanvale.com.au

Bookings are essential

Each child develops differently. Our Playgroup can provide you and your child the support you need to develop their skills and abilities.

Age	Skill	Milestone
6 months 	Language & Communication	Starts babbling and making different sounds
	Motor Skills	Rolls from back to side
	Play	Bangs toys and enjoys peak-a-boo type games
	Emotions	Smiles and shows affection to caregivers
	Learning & Thinking	Looks around and brings things to mouth
1 year 	Language & Communication	Uses single words
	Motor Skills	Sits independently, crawls and pull to stand
	Play	Plays with toys purposefully and finds hidden objects
	Emotions	More attached to familiar people and nervous with strangers
	Learning & Thinking	Follows simple instructions and copies gestures
2 to 3 years 	Language & Communication	Puts words together
	Motor Skills	Walks, runs and jumps
	Play	Shows interest in peers and plays with toys in different ways
	Emotions	Shows wide range of emotions
	Learning & Thinking	Begins to sort shapes and colours
4 to 5 years 	Language & Communication	Tells a simple story using full sentences
	Motor Skills	Uses the toilet on their own
	Play	Likes to play with other children
	Emotions	Cooperates with other children
	Learning & Thinking	Plays board and card games

If you're unsure or have questions about your child's development, come along to discuss with our team.